Proposal for the intervention program Nyíregyháza, Hungary

> complied by Dr. István Jeney Tamás Béres András Tumpek

## Marginalized elders in Nyíregyháza, Hungary

complied by Dr. István Jeney / Tamás Béres / András Tumpek

NYÍREGYHÁZI FŐISKOLA COLLEGE OF NYÍREGYHÁZA





#### **Justification** I

- The elderly of Nyíregyháza have the following common features:
- not satisfied with their health state
- not satisfied with their financial state
- not satisifed with their personal relations

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#### **Justification II**

- The elderly of Nyíregyháza have the following common features:
- they like to be active
- they are open-minded
- they like to study new things

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#### Our intervention program I

 It was clear for us from the beginning that our intervention program should deal with health because our elderly people find it very interesting and useful

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#### Our intervention program II

 At first we thought of some kind of playground for the elderly people:



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#### Our intervention program III

 But we do not have the financial resources but we have a college behind us:



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#### Our intervention program IV

- And we have friends and collegaues:
- Dr. Mária Madácsi psychiatrist
- Dr. Judit Olajos MD
- Gyula Szoboszlai chef

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#### Our intervention program V

- In our intervention program we would like to have:
- Psychiatrist trainings
- Lectures on health
- Common cooking
- "PE lessons" at the college

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