

Proposed content of the EME Guide

1. Definition of EME and General European practices
2. Country reports/ Brief reports on situation in partner countries

The current situation for elders in Romania and the perspectives in this domain can be improved

Evolution projected aging indicators, 2010-2050 (%)

<i>Age</i>	<i>2007</i>	<i>2010</i>	<i>2020</i>	<i>2030</i>	<i>2040</i>	<i>2050</i>	<i>2060</i>
<i>0-14</i>	<i>15.3</i>	<i>15.1</i>	<i>14.7</i>	<i>13.0</i>	<i>11.8</i>	<i>11.8</i>	<i>11.5</i>
<i>15-64</i>	<i>69.9</i>	<i>70.0</i>	<i>67.9</i>	<i>66.8</i>	<i>62.6</i>	<i>57.3</i>	<i>53.6</i>
<i>65+</i>	<i>14.9</i>	<i>14.9</i>	<i>17.4</i>	<i>20.3</i>	<i>25.5</i>	<i>30.9</i>	<i>35.0</i>
<i>80+</i>	<i>2.7</i>	<i>3.0</i>	<i>4.2</i>	<i>4.97</i>	<i>4.94</i>	<i>13.1</i>	<i>15.9</i>

Major needs:

- older people are not aware of their rights;
- hierarchical bottlenecks existing within public institutions
- limited access for old people to information
- old people feel the need to spend their free time in a pleasant way
- the need for providing services according to individual needs rather than pension
- elder abuse phenomenon has gained momentum over the past 10 years, that must be protected
- health insurance are not made for old people and banks never give loan to someone with the age passed 65, this is a discriminating behavior
- There are personal assistants to help with local funding from support individually
- poor financial situation of the elderly protection, health care, gaps in health insurance system

Causes of long-term institutionalization:

- loneliness and lack of network support
- unwillingness to show the elderly
- lack of income
- different chronic conditions
- physical or mental disabilities;;
- Homelessness;
- Lack of adaptation in the home care services;
- "seizure" within the family of origin;
- immobilization in bed;
- domestic violence or those who have committed to look after them.

3. Methods and approaches in Romania

- Partnership with local authorities
- Recruitment of volunteers
- Training of volunteers
- Involvement of volunteers

4. Applied actions in Romania

- I. Partnership with General Directorate of Social Assistance and Child Protection Dolj (DGASPC) based in Craiova

General Directorate of Social Assistance and Child Protection Dolj (Child Protection) is a public institution with legal personality subordinated to Dolj County Council promoting child rights and also rights of disabled adults.

The Complex "Saint Mary" is organized as a functional component of the General Directorate of Social Assistance and Child Protection - under the authority of the County Council Dolj County. It is composed by Care and Support Center and Neurological Recovery Services Center

The Care and Support Center provide specialized social services for adults with disabilities in need, residents in Craiova and Dolj County.

The specific objectives of the Center for Care and Support are:

- to provide specialized services to disabled persons in need and institutionalized in social institutions;
- to provide personal care, social assistance, counseling, social, occupational therapy and neurological recovery ;
- to organize cultural activities - education and socialization inside the center and outside it;
- to assure medical assistance and special and permanent supervision of persons with disabilities;
- to provide support and specialized assistance to prevent situations that jeopardize the safety of persons with disabilities.

It has sufficient sharing space where the beneficiaries can carry out social, recreational, cultural, sporting, religious, can receive visitors, space for recovery activities, social, occupational therapy activities / occupational therapy, for current care, meal serving as well as outdoor spaces.

The Neurological Recovery Services Center is tasked with providing comprehensive rehabilitation services for disabled adults, wherever they are hosted: in family, residential centers, or residing in the county Dolj and Craiova. The Neurological recovery center services aims at diversification and development of community alternatives offered to people with disabilities under special protection in residential centers of DGASPC Dolj and in the community, thereby increasing individual autonomy and prevent worsening disability and mitigating its consequences.

The role in the project is to participate in implementing the learning-model to improve the learning of elders, disabled people in special.

Within the Partnership Agreement, Partner will cooperate with the Association EDUNET in designing educational activities to be undertaken by volunteers with the elderly in the complex "Saint Mary" will help the EDUNET association in his activity with attracting the elder persons from the St. Marry Complex in the planned activities during the project:

- will give support in organizing the educational activities from the St. Marry Complex by providing the training room and endowments

- will support the promoters activity in the European Partnership ;
 - Will promote the partnership with EDUNET association and the "Empowering Marginalized Elders" project through their own network.
- II. Recruiting a total of 16 volunteers, social workers , teachers who completed volunteer agreement with the Association for developingvoluntary EDUNET activitatileor implementation of the European project GrundtvigLearning Partnership "Empowering Marginalized Elders", making the tasks set by the project team to plan activities provided.
- III. Organizing a training course for volunteers which included the following topics:
- Rights and responsibilities of volunteers
 - Integration into organizational culture
 - Social integration of marginalized older persoanleor
 - Integration of occupational therapy in elderly
 - Occupational therapy techniques, the art of playful elderly
 - Legislation on volunteering in the elderly
 - Organization of volunteer people vartnice
- IV. Implementation of activities in the complex "Saint Mary". He was made a business planfor the period March 12, 28 May 2012, which includes weekly activities performed such as:
- Social activities
 - Occupational Therapy

Volunteers prepare educational plan that includes: name of activity, venue, date / time, participants, guests, purpose and expected results, activities performed, evaluation - results obtained / feedback / reflection

Volunteers will send a report of the activities done to the project team.

5. Reflection on different practices and exchange of best practices

6. Recommendations and suggestions for improvement of existing practices

Approaches of elderly education and their needs in Romania

- include family in helping old persons
- the need of training of personal assistants
- involvement of the beneficiaries - the human and financial resources in the execution of the individual intervention
- mixing system administration procedures related to local administration - local autonomy
- organizing information campaigns on the rights of the elderly
- communicating new information
- standardization of field services
- integrated approach to socio-medical
- participation in community
- involving older people in community life
- the right to participate in social life
- A healthier attitude towards own aging.
- State support is needed to become more open on the aging topic